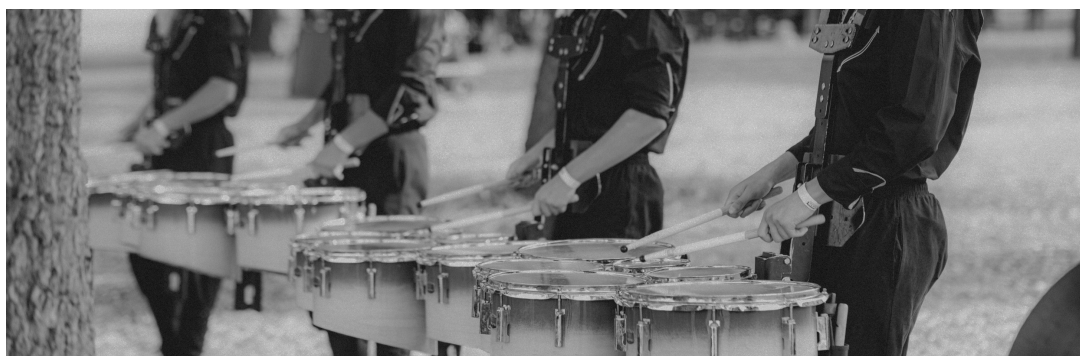


# 2025 INDOOR SEASON

SYNERGY PERCUSSION | PIO.



DRUMLINE

## **The Three A's**

As a member of Synergy Indoor, you will be held to the Three A's. These principles are the foundation of your success and growth:

### **ATTENDANCE**

Your presence at all rehearsals is crucial. Regular attendance ensures you maximize your potential, make consistent improvements, and achieve your highest level of performance.

### **ATTITUDE**

A positive attitude and eagerness to learn, even when faced with challenges, will drive your success. Embracing each learning opportunity with enthusiasm will help you reach your goals.

### **ABILITY**

Your ability is a reflection of your commitment to attendance and attitude. The more dedicated you are to these aspects, the more your skills and performance will improve.



## The Program

To enhance your development both individually and as a part of Synergy Indoor, practice the following program regularly. It is your responsibility to apply these concepts both on your own and in ensemble rehearsals. Keep these key points in mind:

- **Practice Daily:** Consistent practice is essential for improvement.
- **Start Slowly:** Begin at a manageable tempo and gradually increase speed as accuracy is achieved. Use a metronome to guide your progress.
- **Use a Mirror:** Play in front of a mirror to observe and refine your style and technique.

## Individual Fundamentals

### Technique & Posture

The specifics of the technique program depend on your instrument, but all elements will adhere to these principles:

- **Maintain Proper Technique:** Never compromise technique for achievement.
- **Eliminate Tension:** Tension adversely affects sound quality. Avoid it at all costs.
- **Gradual Improvement:** The technique should be developed slowly by increasing tempo and difficulty. Technique breakdown means reduced achievement.
- **Uniform Technique:** Consistent technique throughout the section is essential.
- **Economy of Motion:** Use only the necessary movements. Mastery of technique directly impacts your level of achievement. The Four Fundamental Strokes
- **Legato Stroke:**
  - Characterized by a rebound and a smooth, pendulum-like motion.
  - The bounce off the drum surface is critical.
  - Used to connect strokes smoothly.
- **Staccato Stroke:**
  - Features controlled rebound with no added tension.
  - Stops at a lower height than the previous stroke.
  - Produces a sound identical to the legato stroke.
- **Taps:**
  - Involves a 3-inch stroke, used for all low-end playing.
  - Originates from the front of the grip.
- **Prep Stroke:**
  - Ends higher than it begins, with the height change created by wrist/arm movement rather than rebound.



# Flex Seal

♩ = 15"  
♩ = 170

Musical staff 1: TenorLine notation with rhythmic patterns and dynamics. The staff shows a sequence of notes with stems pointing up and down, indicating right and left hand strokes. The tempo is marked as 15" and 170. The dynamics are marked as *ff*.

1

Musical staff 2: TenorLine notation with rhythmic patterns. The staff shows a sequence of notes with stems pointing up and down, indicating right and left hand strokes.

3

A 15"

Musical staff 3: TenorLine notation with rhythmic patterns and dynamics. The staff shows a sequence of notes with stems pointing up and down, indicating right and left hand strokes. The tempo is marked as 15". The dynamics are marked as *ff*.

5

Musical staff 4: TenorLine notation with rhythmic patterns. The staff shows a sequence of notes with stems pointing up and down, indicating right and left hand strokes.

9

B 15"/3"

Musical staff 5: TenorLine notation with rhythmic patterns and dynamics. The staff shows a sequence of notes with stems pointing up and down, indicating right and left hand strokes. The tempo is marked as 15"/3". The dynamics are marked as *fp*.

13

15"/3"

Musical staff 6: TenorLine notation with rhythmic patterns and dynamics. The staff shows a sequence of notes with stems pointing up and down, indicating right and left hand strokes. The tempo is marked as 15"/3". The dynamics are marked as *fp*.

17

Musical staff 7: TenorLine notation with rhythmic patterns. The staff shows a sequence of notes with stems pointing up and down, indicating right and left hand strokes.

20

Musical staff 8: TenorLine notation with rhythmic patterns. The staff shows a sequence of notes with stems pointing up and down, indicating right and left hand strokes.

23

V.S.

2

C 15"/3"

Musical staff with notes and rests for measures 25-27. The staff contains rhythmic notation with eighth and sixteenth notes. Above the staff, there are markings for '15"/3"' and '6"'. Below the staff, there are rhythmic patterns: 'R L R L R L R L R L R L R L R L R L R L R L' for measures 25-27.

*fp* *mp* L L L L L

25

Musical staff with notes and rests for measures 28-29. The staff contains rhythmic notation with eighth and sixteenth notes. Above the staff, there is a marking for '9"'. Below the staff, there are rhythmic patterns: 'R R R L R R R L R R R L R R R L L L R R R L L L' for measures 28-29.

L L L L L *mf*

28

Musical staff with notes and rests for measures 30-31. The staff contains rhythmic notation with eighth and sixteenth notes. Above the staff, there is a marking for '12"'. Below the staff, there are rhythmic patterns: 'R R R L L L R R R L L L R R R R L L L L R R R R L L L L L L L L' for measures 30-31.

L L L L R R R R L L L L

30

D 15"/3"

R R L R R L R R L R R L R R L R R L R r L R r L R r L R R L B R L B R L R R L L r L

L L L L L L L L L L L

33 *ff*

LH accent

B R L B R L R R L L r L R B B L R B B L R B B L R B B L R B B L R B B L

R

E

R L R L R L R L R R L L R R L L R R L L R R R L L L R R R L L L

*fp*

3" 6" 9" 12"

15"/3"

B R L B R L R R L B r L B R L B R L R R L B r L

42

R B B L R B B L R B B L R B B L R B B L R B B L

44

1'04.9"

# My Pillow

$\text{♩} = 150$

R R R R R R R R L L L L L L L L L R R R R R R R R R R R R R R L L L L L L L L L R R R R R R R R R

1

L L L L L L L L L L L L L L L L L L R R R R R R R R R L L L L L L L L L R

7

L L L L L L L L L R R R R R R R R R L R R R R R R R R R L L L L L L L L L

13

R R R R R R R R R R R R R R R R R R L L L L L L L L L R R R R R R R R R L

19

R R L L R R L L R R R L L L R R L L L R R L L R R L L R L R L R L R L R L R L R R L L R R L L R R L L

25

R L R R L R L L L R L R R L R L L R L R R L R L L L R L R R L R L L L R L R R L R L L L R L R R L R L L L R

30





2

R L R L R L R L R L R L R L R L R L R L R L R L R L R L

25

R L R L R L R L R L R L R L R L R L R L R L R L R L R L

28

R L R L R L R L R L R L R L R L R L R L R L R L R L R L

31

R L R L R L R L R L R L R L R L R L R L R L R L R L R L

34

R L R L R L R L R L R L R L R L R L R L R L R L R L R L

37 *fp*

R L R L R L R L R L R L R L R L R L R L R L R L R L R L

40

R L R L R L R L R L R L R L R L R L R L R L R L R L R L

43

R L R L R L R L R L R L R L R L R L R L R L R L R L R L

46 *f* 1'07.7"

# OxyClean

♩=190  
mid

A center

R L R R L R L L L R R L R L L L R L R R L L R L L R R L L

1 *fp*

R L R R L R L L L R R L R L L L R R L L R L L R R L L R L L R R L L R L L R R L L

5

R L R R L R L R R L R L R R L L R R R R L R L L R L L R L L R L L R L R R

9

L R R L R R L R R L R R L R L L R L L R L L R L L R L R R L R R L R R L R R L R L L

12

B

R L R R L R L L R L R R L L R R L R L L L R L R R L R L L R R L L R L L R R L L

15

R L L R R L R L R R L L R R L R L R R L R L R R L R L L L R L R L L R L L L

19

R L R R L L R L R L R L R R L L R R L L R L L R R L L R L R R L L R L R R L L

22 31.5"

# FlamSlamT.Y.M.

Carlos Botello

♩ = 115

R L R L R L R L R L R L R L R L R L R L

Detailed description: This block contains the first measure of the piece. It features a single staff with a treble clef and a common time signature. The tempo is marked as quarter note = 115. The notation consists of a series of eighth notes with accents, grouped into pairs. The rhythm is R L R L R L R L R L R L R L R L R L R L.

3

R L R L R L R L R L R L R L R R L L R L R L L R R L R R L L

Detailed description: This block contains the third measure. It features a single staff with a treble clef. The notation consists of eighth notes with accents, grouped into pairs. The rhythm is R L R L R L R L R L R L R L R R L L R L R L L R R L R R L L.

5

R L R L R L R L R L R L R L R L R L R L R L R L R L

Detailed description: This block contains the fifth measure. It features a single staff with a treble clef. The notation consists of eighth notes with accents, grouped into pairs. The rhythm is R L R L R L R L R L R L R L R L R L R L R L R L R L.

7

R L R L R L R L R L R L R L R R R L L R R R L L R R L L L R

Detailed description: This block contains the seventh measure. It features a single staff with a treble clef. The notation consists of eighth notes with accents, grouped into pairs. The rhythm is R L R L R L R L R L R L R L R R R L L R R R L L R R L L L R.

9

R L L L R R L L R R L R R L R R L R L R L R L R R L L R R L L R R L L

Detailed description: This block contains the ninth measure. It features a single staff with a treble clef. The notation includes eighth notes with accents, grouped into pairs, and sixteenth notes. There are triplets and sixteenth-note runs. The rhythm is R L L L R R L L R R L R R L R R L R L R L R L R R L L R R L L R R L L.

11

R L R L R L R L R L R L R L R L R L R L R L R L R L

Detailed description: This block contains the eleventh measure. It features a single staff with a treble clef. The notation consists of eighth notes with accents, grouped into pairs. The rhythm is R L R L R L R L R L R L R L R L R L R L R L R L R L.

13

R L R L R L R L R L R L R L L R L R L R L R L R L R L R L

Detailed description: This block contains the thirteenth measure. It features a single staff with a treble clef. The notation includes eighth notes with accents, grouped into pairs, and sixteenth notes. There are triplets and sixteenth-note runs. The rhythm is R L R L R L R L R L R L R L L R L R L R L R L R L R L R L.